



Family Matters @ Chung Cheng High School (Main)

Parent-Teen Bonding workshop cum outing at Changi Club Bowling "Topic: 5 Love Languages for Teens"



Date: Saturday, 20th Feb 2016

Venue: Chung Cheng High School (Main)

Time: 9.30 am – 4.30 pm

Participants: One parent and one child per family (limited to 20 pairs)

Fees: FOC (All costs fully borne by Family Matters @ School)

Note: parents can also opt to attend only the talk from 9.30 am to 12.30 pm

Believe it or not, those tough-looking teens are like "love tanks with a leak" - just like the rest of us. Learn which of the five "love languages" most effectively communicates parental affection to your teenagers, and how your loving input can nurture their sense of responsibility, identity, and security.

The key purpose of this workshop is to equip you to identify the love language of your teen so that you can connect and engage with your teen. When your teen feels the love comes from you, issues can be resolved in a more amicable way.

Profile of speaker (Mr Asher Eng)

Asher has a Master Degree in Counselling from Monash University and graduated with a Computation Honours Degree in Bachelor of Science from University of Manchester Institute of Science & Technology. He is also a certified Behavioural Consultant using different personality profiling tools.

For the past eleven years, he had been involved in non-profit organization which gave him to opportunity to travel to South Africa, China, Taiwan and other part of the world and provide consultation works and training in the non-profit organizations in these countries.

His company, Unleash & Soar, provides Leadership & Life-Skills training, Counselling/ Executive Coaching and Human Development Consultation. He is also a freelance trainer and lecturer, and a lay counsellor in Touch Community Service.

To sign up for this parenting talk, please register via SMS and provide the names of parents and name/class of the child to our Family Matters @ School Coordinator, Mdm Eileen Tay. Her contact number is: 9862 2652