



Family Matters @ Chung Cheng High School (Main)

Parenting Talk (in English) “Making the transition from Primary School to Secondary School”



Date: Saturday, 9th Jan 2016

Venue: Chung Cheng High School (Main)
Zhoupu Building LH1

Time: 9.30 am – 12.30 pm

The transition from Primary school to Secondary school is one of those life events that most people can recall in one way or another. It's a fairly manageable period for most of the students but one that parents usually get more anxious and worried about. The purpose of this workshop is to outline and discuss the major issues involved so that the new experience can be better managed and undertaken with minimum stress for the whole family!

What are some of the new experiences faced by Secondary One students?

- Making new friends
- Getting bullied
- Getting lost
- School rules and expectations
- Adjusting to a new school environment
- Coping with new subjects
- Coping with greater academic expectations
- Increased amount of homework

In this workshop, parents will be made aware of the changes involved and given tips to help their kids and themselves handle these changes confidently.

Profile of speaker (Mr Asher Eng)

Asher has a Master Degree in Counselling from Monash University and graduated with a Computation Honours Degree in Bachelor of Science from University of Manchester Institute of Science & Technology. He is also a certified Behavioral Consultant using different personality profiling tools. He is a Triple P instructor and PREP instructor certified by MSF. His company, Unleash & Soar, provides Leadership & Life-Skills training, Counselling/ Executive Coaching and Human Development Consultation. He is also a freelance trainer and lecturer, and a lay counsellor in Touch Community Service.

To sign up for this parenting talk, please register via SMS and provide the names of parents and name/class of the child to our Family Matters @ School Coordinator, Mrs Lim Whee Nai. Her contact number is: 8799 1175